

Valley of Flowers Trek 2023

with Hemkund Sahib



Enjoy your mesmerizing journey to Valley of Flowers & annaul pilgrimage to the Hemkund Sahib, located in the Indian state of Uttarakhand.



91-9015699988



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Places covered



JOSHIMATH



VALLEY OF FLOWERS



HEMKUND SAHIB



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Itinerary

HERE IS A DETAILED ITINERARY FOR THE VALLEY OF FLOWERS TREK:

DAY 1: ARRIVAL AT GOVINDGHAT

ON DAY 1 OF THE VALLEY OF FLOWERS TREK, YOU WILL ARRIVE AT GOVINDGHAT, WHICH IS THE STARTING POINT OF THE TREK. GOVINDGHAT IS WELL CONNECTED BY ROAD AND CAN BE REACHED BY BUS OR TAXI FROM THE NEARBY TOWNS OF RISHIKESH OR HARIDWAR. THE DISTANCE FROM RISHIKESH TO GOVINDGHAT IS AROUND 275 KM, AND THE JOURNEY TAKES AROUND 10 HOURS.

UPON ARRIVAL, YOU CAN CHECK INTO A HOTEL OR GUESTHOUSE AND FRESHEN UP. GOVINDGHAT IS A SMALL VILLAGE LOCATED AT AN ALTITUDE OF 1,800 METERS ABOVE SEA LEVEL AND OFFERS BASIC ACCOMMODATION OPTIONS. YOU CAN SPEND THE REST OF THE DAY EXPLORING THE VILLAGE AND ITS SURROUNDINGS, VISITING THE LOCAL MARKET, AND PREPARING FOR THE TREK.

IN THE EVENING, YOU CAN ATTEND A BRIEFING SESSION BY TEAM WALKING THE HIMALAYAS, WHERE YOU WILL BE BRIEFED ABOUT THE TREK ROUTE, SAFETY MEASURES, AND OTHER IMPORTANT DETAILS. YOU CAN ALSO INTERACT WITH OTHER TREKKERS AND EXCHANGE EXPERIENCES AND TIPS. AFTER THE BRIEFING, YOU CAN HAVE DINNER AND RETIRE FOR THE NIGHT, AS THE REAL ADVENTURE STARTS THE NEXT DAY.

DAY 2: GOVINDGHAT TO GHANGARIA (DISTANCE: 13 KM, DURATION: 6-7 HOURS)

ON DAY 2 OF THE VALLEY OF FLOWERS TREK, YOU WILL START YOUR TREK FROM GOVINDGHAT TO GHANGARIA, WHICH IS THE BASE CAMP FOR THE VALLEY OF FLOWERS TREK. THE TREK DISTANCE IS AROUND 13 KM, AND IT TAKES AROUND 6-7 HOURS TO REACH GHANGARIA.

THE TRAIL FROM GOVINDGHAT TO GHANGARIA IS WELL-DEFINED AND FOLLOWS THE RIVER ALAKNANDA. YOU WILL PASS THROUGH DENSE FORESTS OF OAK AND PINE AND CROSS SEVERAL BRIDGES OVER STREAMS AND WATERFALLS. THE TRAIL IS MODERATELY STEEP AND REQUIRES A GOOD LEVEL OF FITNESS. ALONG THE WAY, YOU WILL COME ACROSS SEVERAL TEA STALLS AND SMALL SHOPS WHERE YOU CAN REST AND REFRESH YOURSELF. YOU CAN ALSO ENJOY THE BEAUTIFUL VIEWS OF THE SURROUNDING MOUNTAINS AND VALLEYS. GHANGARIA IS LOCATED AT AN ALTITUDE OF 3,049 METERS ABOVE SEA LEVEL AND IS A SMALL VILLAGE WITH BASIC ACCOMMODATION OPTIONS.

UPON REACHING GHANGARIA, YOU CAN CHECK INTO A HOTEL OR GUESTHOUSE AND REST FOR THE NIGHT. GHANGARIA IS ALSO THE LAST POINT WHERE YOU CAN PURCHASE ANY NECESSARY ITEMS FOR THE TREK. YOU CAN EXPLORE THE VILLAGE AND INTERACT WITH THE LOCALS, WHO ARE KNOWN FOR THEIR WARM HOSPITALITY. YOU CAN ALSO PREPARE YOURSELF FOR THE NEXT DAY'S TREK TO THE VALLEY OF FLOWERS NATIONAL PARK.

DAY 3: GHANGARIA TO VALLEY OF FLOWERS AND BACK (DISTANCE: 6 KM, DURATION: 4-5 HOURS)

ON DAY 3 OF THE VALLEY OF FLOWERS TREK, YOU WILL TREK FROM GHANGARIA TO THE VALLEY OF FLOWERS NATIONAL PARK AND BACK. THE TREK DISTANCE IS AROUND 6 KM, AND IT TAKES AROUND 4-5 HOURS TO COMPLETE THE TREK.

YOU WILL START EARLY IN THE MORNING TO MAKE THE MOST OF THE DAY AND TO AVOID ANY AFTERNOON RAIN OR BAD WEATHER THAT IS COMMON IN THE REGION. THE TRAIL FROM GHANGARIA TO THE VALLEY OF FLOWERS IS WELL-DEFINED AND PASSES THROUGH BEAUTIFUL MEADOWS OF WILDFLOWERS, INCLUDING HIMALAYAN BLUE POPPIES, DAISIES, PRIMULAS, AND MANY OTHERS.

AS YOU TREK THROUGH THE VALLEY, YOU WILL BE MESMERIZED BY THE COLORS AND FRAGRANCE OF THE FLOWERS, AND THE PEACEFULNESS OF THE SURROUNDINGS. YOU CAN SPEND SOME TIME EXPLORING THE VALLEY, TAKING PHOTOGRAPHS, AND ENJOYING THE VIEWS OF THE SURROUNDING MOUNTAINS.

THE VALLEY OF FLOWERS NATIONAL PARK IS HOME TO SEVERAL SPECIES OF RARE AND ENDANGERED FLOWERS, INCLUDING THE HIMALAYAN BELLFLOWER AND HIMALAYAN COBRA LILY. IT IS ALSO A HABITAT FOR SEVERAL SPECIES OF BIRDS AND BUTTERFLIES.

AFTER EXPLORING THE VALLEY, YOU WILL RETURN TO GHANGARIA IN THE AFTERNOON. YOU CAN SPEND THE REST OF THE DAY RESTING, EXPLORING THE VILLAGE, OR INTERACTING WITH OTHER TREKKERS. YOU CAN ALSO PREPARE FOR THE NEXT DAY'S TREK TO HEMKUND SAHIB.

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DAY 4: GHANGARIA TO HEMKUND SAHIB AND BACK (DISTANCE: 12 KM, DURATION: 6-7 HOURS)

ON DAY 4 OF THE VALLEY OF FLOWERS TREK, YOU WILL TREK FROM GHANGARIA TO HEMKUND SAHIB AND BACK. THE TREK DISTANCE IS AROUND 12 KM, AND IT TAKES AROUND 6-7 HOURS TO COMPLETE THE TREK.

HEMKUND SAHIB IS A SACRED SIKH SHRINE LOCATED AT AN ALTITUDE OF 4,329 METERS ABOVE SEA LEVEL. THE TREK TO HEMKUND SAHIB IS STEEP AND REQUIRES A GOOD LEVEL OF FITNESS. THE TRAIL PASSES THROUGH DENSE FORESTS OF OAK AND PINE, AND SEVERAL WATERFALLS AND STREAMS.

AS YOU TREK HIGHER, YOU WILL SEE THE LANDSCAPE CHANGE TO ALPINE MEADOWS AND ROCKY TERRAIN. THE LAST 2 KM OF THE TRAIL IS STEEP AND REQUIRES A SLOW AND STEADY PACE. UPON REACHING HEMKUND SAHIB, YOU WILL BE MESMERIZED BY THE SERENE SURROUNDINGS AND THE PRISTINE WATERS OF HEMKUND LAKE.

HEMKUND SAHIB IS ONE OF THE MOST SACRED PLACES FOR SIKHS AND IS ALSO REVERED BY HINDUS AND BUDDHISTS. YOU CAN VISIT THE GURUDWARA AND PAY YOUR RESPECTS, AND ALSO TAKE A DIP IN THE HOLY LAKE. YOU CAN ALSO ENJOY THE PANORAMIC VIEWS OF THE SURROUNDING MOUNTAINS.

AFTER SPENDING SOME TIME AT HEMKUND SAHIB, YOU WILL START YOUR RETURN TREK TO GHANGARIA. THE DESCENT IS STEEP, AND YOU SHOULD TAKE CARE WHILE TREKKING DOWN. UPON REACHING GHANGARIA, YOU CAN REST AND RELAX AND ALSO PREPARE FOR THE NEXT DAY'S TREK BACK TO GOVINDGHAT.

DAY 5: GHANGARIA TO GOVINDGHAT (DISTANCE: 13 KM, DURATION: 4-5 HOURS)

ON DAY 5 OF THE VALLEY OF FLOWERS TREK, YOU WILL TREK FROM GHANGARIA TO GOVINDGHAT, WHICH IS THE LAST LEG OF YOUR TREK. THE TREK DISTANCE IS AROUND 13 KM, AND IT TAKES AROUND 4-5 HOURS TO COMPLETE THE TREK.

THE TRAIL FROM GHANGARIA TO GOVINDGHAT IS MOSTLY DOWNHILL, AND YOU WILL PASS THROUGH THE SAME FORESTS AND BRIDGES THAT YOU ENCOUNTERED DURING THE FIRST LEG OF THE TREK. YOU CAN ENJOY THE BEAUTIFUL VIEWS OF THE MOUNTAINS AND VALLEYS, AND ALSO TAKE SOME TIME TO REST AT THE TEA STALLS AND SMALL SHOPS ALONG THE WAY.

UPON REACHING GOVINDGHAT, YOU CAN CHECK INTO A HOTEL OR GUESTHOUSE AND REST FOR THE NIGHT. YOU CAN ALSO EXPLORE THE TOWN AND INTERACT WITH THE LOCALS, WHO ARE KNOWN FOR THEIR WARM HOSPITALITY. YOU CAN ALSO VISIT THE NEARBY TEMPLES AND HOLY SHRINES, AND TAKE SOME TIME TO REFLECT ON YOUR TREKKING EXPERIENCE.

THE VALLEY OF FLOWERS TREK IS A UNIQUE EXPERIENCE THAT OFFERS A PERFECT BLEND OF ADVENTURE, NATURE, AND SPIRITUALITY. THE TREK IS BEST DONE BETWEEN JUNE AND SEPTEMBER WHEN THE VALLEY IS IN FULL BLOOM. WITH PROPER PREPARATION, GEAR, AND GUIDANCE, YOU CAN MAKE THE MOST OF YOUR TREK AND CREATE MEMORIES THAT WILL LAST A LIFETIME.

DAY 6: DEPARTURE

ON DAY 6 OF THE VALLEY OF FLOWERS TREK, YOU WILL DEPART FROM GOVINDGHAT AND HEAD BACK TO YOUR HOME OR ONWARD DESTINATION. YOU CAN TAKE A SHARED TAXI OR BUS FROM GOVINDGHAT TO REACH THE NEAREST RAILWAY STATION OR AIRPORT, WHICH IS USUALLY LOCATED IN HARIDWAR OR DEHRADUN.

BEFORE LEAVING, MAKE SURE TO DOUBLE-CHECK THAT YOU HAVE ALL YOUR BELONGINGS AND HAVE SETTLED ANY OUTSTANDING BILLS WITH YOUR HOTEL OR GUESTHOUSE. YOU CAN ALSO INTERACT WITH THE LOCALS AND SHOP FOR SOUVENIRS OR LOCAL PRODUCTS TO TAKE BACK HOME.

AS YOU LEAVE GOVINDGHAT, YOU CAN LOOK BACK AT THE MAJESTIC MOUNTAINS AND VALLEYS THAT YOU TREKKED THROUGH, AND REMINISCE ABOUT THE BEAUTIFUL MEMORIES YOU CREATED DURING YOUR TREK. THE VALLEY OF FLOWERS TREK IS A CHALLENGING BUT REWARDING EXPERIENCE THAT WILL STAY WITH YOU FOR A LIFETIME, AND INSPIRE YOU TO EXPLORE MORE OF THE BEAUTY AND DIVERSITY OF THE INDIAN HIMALAYAS.

NOTE: THE ITINERARY MAY VARY DEPENDING ON WEATHER CONDITIONS AND OTHER FACTORS. IT IS ADVISABLE TO CONSULT A PROFESSIONAL TREKKING AGENCY LIKE WALKING THE HIMALAYAS BEFORE EMBARKING ON THE TREK.

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We Make Your Valley of Flowers Trek More Incredible

Enjoy your vacation time more pleased with our service that provides the best travel options

PACKAGE INCLUDE:

- ✓ Hotels
- ✓ Travel Manager
- ✓ Meals (Breakfast & Dinner)

Start From:

₹ 7999

Per Person

+ ₹ 330 Outdoor Insurance
+ ₹ 2000 Haridwar to Haridwar

Package Type	Costing
2-4 persons	(₹ 11,999 onwards)
5-6 persons	(₹ 9,999 onwards)
6-9 persons	(₹ 7,999 onwards)

MORE INFORMATION:  91 - 9015699988



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